### Numa News

October 2020



#### Highlights in this Issue:

Derby Dam Changes, Page 10

Voter Registration Form, Page 9

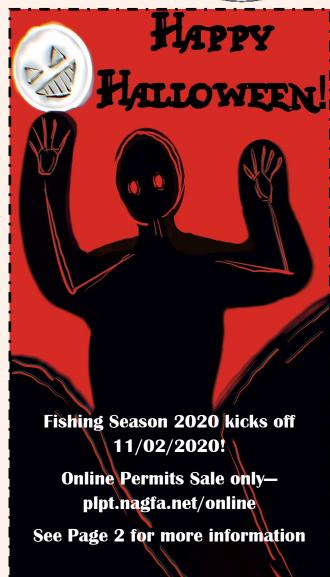
PLTHC Newsletter, Page 12

Pyramid Lake Re-Opening to the Public, Page 2

Fishing Permits now available at plpt.nagfa.net/online, or at the Ranger Station in Sutcliffe.

Get Yours Today!

Voter Registration forms for those who want to vote in the Tribal Elections on December 26, 2020 for the Tribal General Election are due December 4, 2020 at 4:30 p.m. Forms are available at Tribal Administration. See Page 9 for registration form.



\*For those that do not have computer access to the newsletter, please call the Tribal Administration Office at 775-574-1000, ext. 1102 to be included on a monthly mailing list.\*

Follow us on Facebook at Pyramid Lake Paiute Tribe

**Twitter @plpt** 

Instagram at pyramid\_lake

**YouTube at Pyramid Lake Paiute Tribe** 

Look for uploaded Tribal Council Minutes located at plpt.nsn.us

#### Press Release

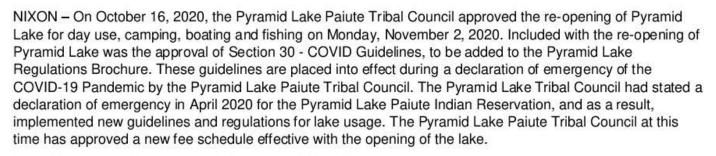
For Immediate Release: 10/16/2020

Contact: Anthony Sampson, SR., Chairman

Phone: (775) 574-1000

#### Pyramid Lake Re-Opening to the Public November 2, 2020

Online permit sales and Ranger Station On-line sales only



State Route 446 will reopen to public passage November 2, 2020.

#### SECTION 30: COVID-19/Pandemic GUIDELINES

**30.1 DEFINITIONS.** For the purposes of this section, the following guidelines will apply to minimize the risks of COVID-19 within the designated boundaries of the Reservation. Guidelines will be placed into effect upon a declaration of emergency and will remain in effect until cancelled by the Pyramid Lake Paiute Tribal Council.

- Observe CDC guidelines to mitigate COVID-19 (e.g. Practice social distancing, wear face coverings, frequently wash hands, use of hand sanitizer.)
- Online permit sales and Ranger Station On-line sales only.
- Day use available 7 days a week.
- Camping Permitting maximum 3 day camping only
- 10 people max per campsite, 2 vehicles, 1 recreational vehicle per site
- 10 permits per beach at 12 beaches with exception of Pelican Beach -20 permits for camping
- 13 permitted public beaches for camping
  - Warrior Point, Windless Bay, Pelican Point, Marina, North Nets/Long beach, Washout, Tamaracks, Indian Head Rock, Blockhouse, Wino Beach, Sandhole, Rawhide and Popcorn Beach.
- No seasonal permitting at this time



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- No seasonal permitting at this time

#### **COVID Graphic for Fishermen**

### **6 Feet of Social Distance**



-			-
	- ONE FISHING ROD LENGTH -	*	
••			••

## **PYRAMID LAKE PAIUTE TRIBE**

Effective November 2, 2020

FEE SCHEDULE

## FISHING PERMIT FEES

Daily Fishing	\$
3-Day Fishing	\$
Second Rod Daily	\$
Second Rod 3-Day	\$

YOUTH FISHI	<b>YOUTH FISHING PERMIT FEES</b>
Daily Fishing	\$12.0
3-Day Fishing	\$32.0

<b>PYRAMID LAKE USE PERMIT FEES</b>	RMIT FEES
Daily Boating	\$26.00
Daily Jet Ski	\$54.00
Day Use	\$22.00
Day Use 3-Day	\$56.00
Boating 3-Day	\$66.00
Jet Ski 3-Day	\$136.00
Overnight Camping	\$32.00
3-Day Overnight Camping	\$82.00

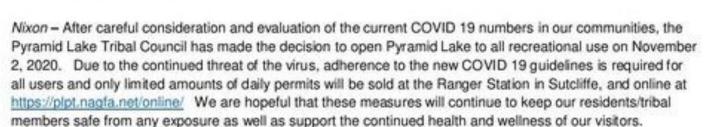
#### Press Release

For Immediate Release: October 28, 2020 Contact: Anthony Sampson, Chairman

Phone: (775) 574-1000

#### State Route 445/446 Re-Opening

Road closures will be lifted November 2, 2020



Additionally, the current road closures will be lifted on November 2, 2020 on State Route 445 and State Route 446.

The Tribe would like to extend our sincerest thank you to all of the residents, Tribal Members, and visitors to Pyramid Lake for your patience and understanding during the closure period, and welcome back our valued customers to beautiful Pyramid Lake, Nevada.





### How to Deal with Pandemic Fatigue

As the Pandemic continues, we're all suffering from pandemic fatigue.

To protect our loved ones, our patients and ourselves, we must continue to stay focused.

#### Make a Commitment

Behavior changes can start with having a clear intention and making a promise.

#### · Stay Flexible

It's hard—but important—to keep up!

#### Practice Precautions

The key is repeating that new step until it becomes a habit.



## C#VID-19

### Keep Necessary Supplies Handy

Make sure it's easy to find a mask and small bottles of sanitizer.

#### Use Stories to understand Risks/ Consequences

Coronavirus can affect anyone — read a story about someone who's gone through it so it becomes personal to you.

Wear Your Mask. Practice Social Distancing. Stay Safe.—The PLTHC Staff

### In Memoriam



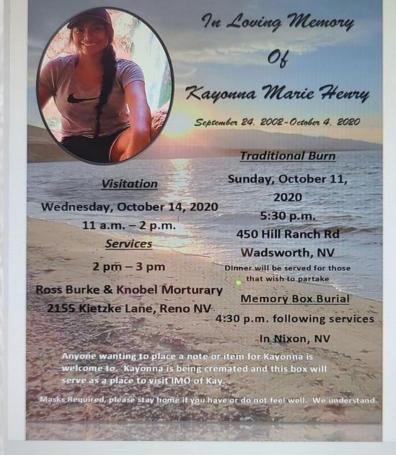


IN LOVING MEMORY OF



#### Melanie Anne Romo Skroch

Please join us for a graveside service at 11:00am on Saturday, October 10th at the Yerington Paiute Tribal Cemetery. Dinner TBA Please Follow all COVID-19 guidelines for gathering.



### In Memoriam

#### Celebration of Life Services for Eileen (Bill) Phoenix

January 24, 1969 - October 12, 2020



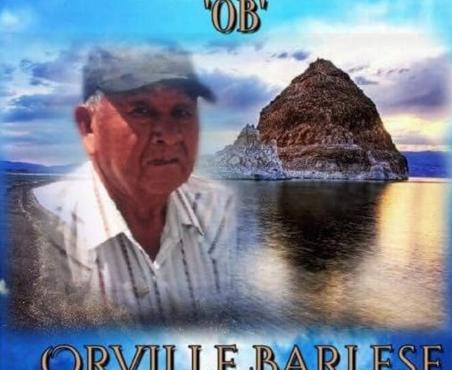
#### A Celebration of Life

Sunday, October 18, 2020 11am - 1:30pm Ross, Burke, & Knobel Funeral Home 2155 Kietzke Lane, Reno, NV

Due to Covid-19 Pandemic, the following will be implemented:

- MASKS ARE MANDATORY
- Viewing will be in groups of 10 individuals at a time There will not be a traditional dinner

If you feel sick or are coughing, the family asks that you please stay home The family would like to thank everyone for their respect and understanding at this difficult time



### VILLE BARLESE 2/18/1935-10/9/2020 Son of the late

LOUIE BARLIESE & LYDA MAUWEE BARLESE



December 14, 1927



October 12, 2020

Viewing: Wednesday, October 21, 2020 3:00pm-7:00pm Ross Burke & Knobel-2155 Kietzke Lane, Reno, NV 89502

Services: Thursday, October 22, 2020 11:00am-12:00pm Ross, Burke & Knobel-2155 Kietzke Lane, Reno, NV 89502

Burial: 2:30pm at the Nixon Cemetery

Due to COVID-19 restrictions masks are required and please stay home if you are not feeling well. We understand.

> Zoom meeting ID: 397 584 1660 Password: grandma \*For both viewing/open mic services

#### **VILEWING:**

Wednesday, October 14, 2020 2:00 p.m. Orville's Residence-699 Arrow Street, Nixon, Nevada WAINE: Wednesday Evening, 699 Arrow Street BUIRILAIL

Thursday, October 15, 2020 11:00 a.m. Nixon Cometery

# **Pyramid Lake Paiute Tribe**

P.O. Box 256, Nixon, NV 89424, Phone (775) 574-1000 FAX (775) 574-1008

# ANNOUNCEMENT

The Pyramid Lake Paiute Tribe is currently recruiting for one (1) vacancy on the

# LAW AND ORDER COMMITTEE

If you are interested in serving on the Pyramid Lake
Law and Order Committee please complete a
Committee/Board Participation Application Form and
return to:

PYRAMID LAKE PAIUTE TRIBE ATTN: Tribal Secretary P.O. Box 256 Nixon, NV 89424 Applicants must be 21 years of age and a resident of the Pyramid Lake Indian Reservation for at least one (1) year.

Meeting Stipend \$100

FOR AN APPLICATION CONTACT THE PLPT

CLOSING DATE: FRIDAY, November 23, 2020 AT 4:30 PM

# **Pyramid Lake Paiute Tribe**

P.O Box 256, Nixon, NV 89424, 775-574-1000 FAX 775-574-1008

# ANNOUNCEMENT

The Pyramid Lake Paiute Tribe is currently recruiting for one (1) vacancy on the

# GAMING COMMISSION

If you are interested in serving on the Gaming Commission, please complete a Committee/Board Participation Application form and return to:

**PYRAMID LAKE PAIUTE TRIBE** 

**ATTN: Tribal Secretary** 

P.O. Box 256

Nixon, NV 89424

Must possess and demonstrate as a minimum knowledge and experience in the commercial gaming industry, familiarity with the IGRA, and experience in and knowledge of administration and administrative procedure.

APPLICATIONS AVAILABLE AT THE TRIBAL ADMINISTRATIVE OFFICE OR CONTACT THE TRIBAL SECRETARY AT 775 574-1000

CLOSING DATE: November 23, 2020 at 4:30 p.m.

#### PYRAMID LAKE PAIUTE TRIBE

PO Box 256 Nixon, Nevada 89424 775 574-1000 / fax 775 574-1008

#### CERTIFIED CANDIDATES LIST

for the Primary Election

#### PRIMARY ELECTION NOVEMBER 28, 2020, NIXON GYM, 6AM-6PM

Certified by the Pyramid Lake Palute Tribal Council - October 16, 2020

#### TRIBAL CHAIRMAN (2-yr term)

(Candidates listed in order received)

Anthony Sampson Sr. Vinton Hawley Janet Davis

#### VICE CHAIRMAN (2-yr term)

(2 Candidates forwarded to General Election)

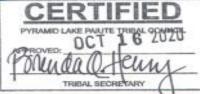
Steven Wadsworth Sherry Ely-Mendes

#### TRIBAL COUNCILMEMBER (4-vacancies/2-vr term)

(Candidates listed in order received)

Judith Davis
William Miller
James Phoenix
Michele Smith
Edward Ely III
Harriet Brady

Natalia "Tata" Gonzales Nathan "Beeba" Dunn Alvin James Terence James



9

IAW OMB CIRCULAR A-102, 2 CFR PART 225 AND 2 CFR SUBPART E, ELECTED OFFICIALS ARE REQUIRED TO PASS A BACKGROUND CHECK. ATTACHMENT A



### Voter Registration Application

Use this form to register to vote or to report a change in name or address.

To be eligible to vote, you must:

- ⇒ Be 18 years old or older on or before the Primary/General Election
- ⇒ **RESIDE** on the Pyramid Lake Reservation for not less than one (1) year
- ⇒ Have your name on the Final Primary/General Election Voters List

#### Identification Requirement

To avoid delays, please enclose a copy of the following that shows your name and address with your application:

- ⇔ Current photo I.D.
- ⇒ Current utility bill or if rental property, a statement from homeowner

#### PLEASE COMPLETE ALL ITEMS AND PRINT LEGIBLY

Will you be at least 18 before the next Primary Election?		☐ Yes	☐ No If yo	u checked NO	, please stop here.	
Last Name		First Name		Midd	lle Name	
Physical Address			City	State	Zip Code	
Mailing Address			City	State	Zip Code	
How long at this address? Date of Birth		Telepho	Telephone No. (Optional)		Pyramid Lake Enrollment Number	
I hereby swear or a	70 N S	ormation p	rovided on this	s form is true.		
Signature of App	olicant		Date			
DO NOT WRITE BELOW - C	OFFICIAL USE ONLY			40		
Received by Election Board	ĺ: er [i Yes ☑ No	orollment Initi	Approve	d ⊡ Denied ⊡	Request information	

#### Dam Changes In Nevada Give Rare Trout New Life 115 Years Later

by Associated Press

Sunday, October 4th 2020

WADSWORTH, Nev. (AP) — U.S. and tribal officials are celebrating completion of a \$34 million fish bypass system at a Nevada dam that will allow a threatened trout species to return to some of its native spawning grounds for the first time in more than a century.

Construction of the side channel with fish-friendly screens is a major step toward someday enabling Lahontan cutthroat trout to make the same 100-mile (160-kilometer) journey — upstream from a desert lake on tribal land northeast of Reno to Lake Tahoe atop the Sierra — that they did before the dam was built in 1905.

"This is a great day for conservation,"



said Paul Souza, the regional director of the U.S. Fish and Wildlife Service who said it wouldn't have been possible without support from the Pyramid Lake Paiute Tribe.

"This is an iconic species. This project is going to help get it home," he said at a ceremony Wednesday at Derby Dam on the Truckee River 20 miles (32 kilometers) east of Reno. The U.S. Bureau of Reclamation began reconfiguring the dam just a year ago in partnership with the USFWS, Pyramid Lake Paiute Tribe and Farmers Conservation Alliance, a nonprofit group that developed the screens.

Brenda Burman, head of the bureau, said the quick work combined the alliance's innovative technology with the service's biological experience and the bureau's engineering and construction expertise.

"And in the background, pushing and making sure this all happened, we had the relentlessness of the Pyramid Lake Paiute Tribe to recover the fish that they hold sacred," she said. The largest trout in North America, Lahontan cutthroats grew as big as 60 pounds (27 kilograms) when they climbed 2,500 feet (762 meters) through mountain river canyons to Lake Tahoe on the California-Nevada line, elevation 6,228 feet (1,898 meters).

In recent years, they've made their way several miles upstream from Pyramid Lake but haven't been able to get past the 30-foot-high (9 meters) dam.

Commissioned by President Theodore Roosevelt, the dam was part of the first major irrigation system established in the West to "help make the desert bloom," diverting water to farmers and ranchers in a region where only about 5 inches (12 centimeters) of rain falls annually.

The new bypass houses an 80-foot-wide (24 meters), 390-foot-long (118 meters) horizontal fish screen — actually a metal plate with slots that pushes water down through the water sys-

tem while sending the fish and other debris through the side channel. The Farmers Irrigation District of Hood River, Oregon, first developed the design after severe flooding in 1996. The district licensed the patent to the alliance, which since has completed 50 projects in seven Western states. This one is the largest and the first commissioned by the Bureau of Reclamation.

"It is really amazing to think a year ago we stood here not knowing about pandemics, fires, all the challenges that would come up ahead of us. And yet we are all here today seeing these screens turn on," said Julie O'Shea, the alliance's executive director. "It provides a spark of hope for future generations about what the possibilities are for restoration and recovery of a species."

Tribal leaders and state and federal wildlife officials have been working for two decades to restore the fishery in Pyramid Lake — a remnant of ancient Lake Lahontan, an inland sea that covered 8,450 square miles (21,885 square kilometers) of western Nevada during the Ice Age. The trout was thought to have gone extinct in the 1940s and was listed as threatened in 1970. But a remnant population later was discovered in a small brook along the Nevada-Utah border.

Cutthroat trout also are native to parts of Oregon, Utah and Wyoming.

Tribal Chairman Anthony Sampson said the project is "safeguarding a precious resource of the tribe. We have to be vigilant to protect and restore what God created for us," Sampson said. "Everything we do has an impact on life — not just plant life, not just animal life, but all lives."





New Store Hours! Masks Required to enter.

Hours are subject to change—effective September 29, 2020

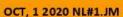
#### The Marina Store Hours for Fishing Season are:



#### **PYRAMID LAKE TRIBAL HEALTH CLINIC**



#### **OCTOBER NEWSLETTER 2020**





**#'S TO REMEMBER** 





PL EMS/FIRE STATION: 775-574-8999 = CALL FOR

**NON-EMERGENCY & FIRE SERVICES AT EXT: 501** 



**EMERGENCY OPERATION CENTER (EOC): 775-574-8999** 

PL TRIBAL BUILDING: 775-574-1000 = CALL FOR TRIBAL ISSUES

PL HEALTH CLINIC: 775-574-1018 = CALL FOR MEDICAL SERVICES

INCLUDING: MEDICAL, LABS, OPTOMETRY, PODIATRY,

**EMERGENCY DENTAL =\*ASK FOR MEDICAL RECORDS\*** 



PHARMACY REFILL: 775-574-2600 = LEAVE DETAILED MESSAGE

SUMUNUMU RESOURCE CENTER: 775-980-6507

= CALL FOR PRC, DIABETES, HEALTH BENEFITS



COVID-19 TESTING LINE: 775-574-2602 = CALL TO BE SCREENED

AND SCHEDULE FOR COVID-19 TESTING

**COVID-19 SCREENING AND TESTING** 

STEP 1: CALL # MON - FRI, 8AM-3PM

STEP 2: NURSE WILL SCREEN YOU

STEP 3: SET UP TESTING APPOINTMENT

**STEP 4: COME TO TESTING APPOINTMENT** 

**STEP 5: WAIT FOR PLTHC CALL BACK** 



#### PLTHC: OCTOBER NEWSLETTER PAGE 2





#### NEW SERVICES ADDED TO THE CLINIC: \*\*\*

#### 1. CHILD PSYCHIATRIST:

NOAH YAEGER APRN, PMHNP-BC

1ST & 3RD WEDNESDAY OF THE MONTH

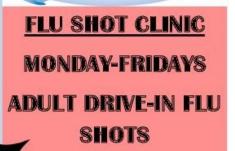


#### 2. CO-OCCURING THERAPIST:

VICKI LILLEGARD M.A., L.C.A.D.C., M.F.T.
EVERY TUESDAY- THURSDAYS 9AM-3PM



\*CALL MEDICAL RECORDS FOR AN APPOINTMENT 775-574-1018



8:30AM-10:30AM
OR YOU MAY CALL
MEDICAL RECORDS
FOR IMMUNIZATION
SHOTS ALSO.

\*YOU MAY REQUEST A FLU SHOT WHEN YOU ARE AT YOUR MEDICAL VISIT TOO

**Quarantine** is used to keep someone who might have been exposed to COVID-19 away from others. People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department.

#### Stay home and monitor your health

- 1. Stay home for 14 days after your last contact with a person who has COVID-19
- 2. Watch for fever (100.4°F), cough, shortness of breath, new loss of taste of smell or **other symptoms** of COVID-19
- 3. If possible, stay away from others, especially people who are at <a href="https://example.com/higher-risk">higher risk</a> for getting very sick from COVID-19



As healthcare professionals, we have a responsibility to ensure the rights and wellbeing of people with diabetes are protected. By making informed decisions, we can work together to create better outcomes for all people with diabetes, prediabetes and other cardiometabolic conditions. Here are 3 actions you can take today to evaluate proposed healthcare legislation and candidates' healthcare platforms.

# Understand 4 core principles that must be reflected in all healthcare proposals.

- Enhances access to affordable services, medications, devices and supplies for all people with diabetes.
- 2. Includes guaranteed coverage of a comprehensive set of essential health services required by people with diabetes to manage the disease.
- Supports development of and access to innovative diabetes-related medications, devices, supplies and technology.
- 4. Promotes programs that reduce cost, improve care and foster innovation.

# Verify that proposed legislation or platform includes these provisions.

# \* Preserves elimination of preexisting condition exclusions.

As part of the Affordable Care Act, health insurers can no longer charge more, deny coverage, or limit benefits for people with diabetes and other chronic conditions.

## \* Prioritizes prevention and screening.

ADCES supports policy positions that prioritize access to proven screenings and the necessary follow-up, as well as preventative services. Positions should include robust funding for prevention and public health initiatives.

## Prohibits discrimination in plan design.

ADCES believes that health plans should not make coverage decisions, determine reimbursement rates, establish incentive programs, or design benefits in ways that discriminate against individuals because of their age, disability, expected length of life, etc.

Your Diabetes
Decision-Making Guide
to the **2020 Election** 



# Research the policies and platforms of those running for office

Use the ADCES Legislative Action Center at DiabetesEducator.org/Advocacy for information on your local, state and federal elections.

Visit the official campaign websites of those running for office in your area. Candidates typically have pages on their website dedicated to different topic areas including health care. Use the official campaign website to contact campaigns directly and speak to campaign staff about a candidate's proposals.

Attend local townhall or networking events to interact with candidates firsthand. Look at their campaign websites for upcoming events.

## **MAKE AN IMPACT TODAY**

Through informed decision-making, we can use our collective action to create positive change. ADCES encourages all healthcare professionals to review and assess candidates' healthcare proposals and actively reach out and share your perspective with your elected officials and candidates for public office.



#### Trick or Treating

For all Pyramid Lake Communities will be October 31, 2020

From 5:00 pm to 7:00 pm



#### Steps From the CDC for a safe Trick or Treat!

- Avoid Direct Contact with Trick or Treaters
  - Give out Treats outdoors, if possible
- Set up a station outside with individually bagged treats
  - Make your cloth mask a part of your costume
     (A costume mask is not a substitute for a cloth mask)
- Stay at least 6 feet from others who do not live with you
  - Wash/ Sanitize your hands frequently
  - Avoid touching objects or other people





#### Steps to Take for Other Halloween Activities

### Enjoy Halloween activities and take steps to protect yourself from getting or spreading COVID-19

#### Remember to always

- · Wear a cloth mask
- Indoors and outdoors, stay at least 6 feet away from others who do not live with you.
- Wash your hands or use hand sanitizer frequently





#### Decorate and carve pumpkins

- · Decorate your home for Halloween.
- Carve pumpkins with members of your household or outside with neighbors or friends.
- Walk from house to house, admiring Halloween decorations at a distance.



### Visit an orchard, forest, or corn maze. Attend a scavenger hunt.

- · Go on an outdoor Halloween-themed scavenger hunt.
- Visit a pumpkin patch or orchard. Remember to wash your hands or use hand sanitizer frequently, especially after touching frequently touched surfaces, pumpkins, or apples.
- · Go to a one-way, walk-through haunted forest or corn maze.

#### Other Ideas

- Hide Halloween treats in and around your house. Hold a Halloween treat hunt with household members.
- Hold an outdoor costume parade or contest so everyone can show off their costumes.
- Host an outdoor Halloween movie night with friends or neighbors or an indoor movie night with your household members.



cdc.gov/coronavirus

